



# Hemp CBD Oil Story

## What Is CBD?

CBD stands for cannabidiol, a compound naturally found in Hemp and Cannabis plants.

Cannabidiol (CBD) is one of the 113+ compounds found in hemp plants. Unlike THC, it is non-intoxicating, and it does not produce a high. Numerous studies indicate that CBD may support homeostasis, or balance in your body's natural rhythms.

Plant cannabinoids, also known as phytocannabinoids, bind with this system which can help regulate certain vital functions of the body, including:

- Blood Pressure
- Sleep
- Appetite
- Immune
- Anxiety
- Stress
- And More!

## How Is The CBD Oil Extracted? Our Process.

Our CBD Oil is CO<sub>2</sub> extracted distillate. CO<sub>2</sub> extraction is a safe, clean, and highly versatile method of extracting plant botanicals, nutraceuticals, hops and hemp.

### OUR PROCESS:

#### Step 1 – Extraction

Our CBD is extracted through a CO<sub>2</sub> extraction process where we pull everything out of the plant leaving a raw extraction.

#### Step 2 – Winterization

We then take the raw extraction and introduce it into ethanol then freeze the ethanol to remove all fats and lipids.

#### Step 3 – Distillation

Once all of the fats, lipids and solids are removed by the winterization process, we then distill the product to refine it, resulting in a more clean, pure and stronger oil with higher concentrations of CBD, CBG, and CBC.

**Our Base Carrier Oil** – is MCT Oil. MCTs are fatty acids that occur naturally in coconut oil, palm oil, goat milk and breast milk. MCT oil is a versatile supplement that supports weight loss, burns fat, suppresses hunger, boosts brain power and curbs cravings.

## Benefits to your customers

- Aids in anxiety and stress relief
- Can provide better sleep
- Supports heart health
- Helps to balance internal systems
- Less than 0.3% THC



## What set's this CBD oil apart from other CBD oils?

MED FREE LIVING sets the standard for quality. All of our products are created using non-GMO industrial hemp grown in the U.S. using natural farming practices, kosher based ingredients materials, and made from an FDA compliant facility and we contact third party, independent, US labs to test every batch of our products.

We've never had a failure on any pesticides, bacteria, or other harmful contaminants and our tests have always shown that the product contains exactly the stated amount of CBD if not slightly more.

**844-244-5999**

**MEDFREELIVING.COM**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## How Do I Take CBD Oil?

### When Using the Drops How Should I Take Them?

When using the drops, the best way to take them is sublingual. And, the easiest way to do this is by putting the liquid under your tongue for about 10 seconds, then swallow. For those who prefer to take their drops in a drink, this can be done. However, because the stomach acids work very quickly to break down the cannabinoids, it is only partially effective. When taking in drinks/foods, we recommend taking approximately twice as much as if you're taking it sublingually.

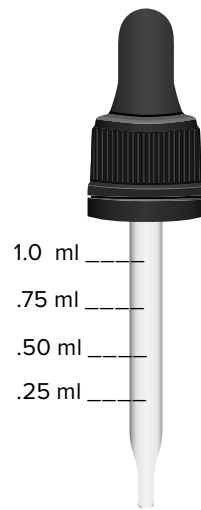
### What Is An Appropriate Dosage?

Generally, we recommend that an average adult use at least .50 ml of *CBD* twice per day. Our tinctures are available in 1000 mg and 2000 mg bottles. One dropper full of our 1000 mg tincture has approximately 33 mg of *CBD*, whereas our 2000 mg tincture has approximately 66 mg of *CBD* per dropper full. Start with a dosage that fits your size and weight and you can always add more as needed until you get relief.

### How Long Does It Take To Start Working?

When taking enough, it generally only takes about 20–30 minutes to start working. Most people initially do not know what to expect and often overlook that it has begun working on our internal systems.

After regular use of the *CBD* oil, many people have reported feeling less stressed and calm, minutes after dosage. Individual dosage may vary, however, for newcomers these results may happen overtime as the *CBD* begins to work on our internal systems for long term health benefits.



1000 mg CBD Oil

Supplement Facts		
Serving Size: 1 ml (0.03 fl. oz.)		
Servings Per Container: 30 Approx.		
	Amount Per Serving	%DV
Calories	5	
Total Fat	Less than 1 g	<1%*
Hemp Extract (Aerial parts) (88% CBD Distillate) (<0.3% THC)	33 mg	**
* Percent Daily Values "DV" established are based on a 2,000 calorie diet		
** Daily Values not established		
Other Ingredients: Medium Chain Triglyceride (MCT) carrier oil (CONTAINS COCONUT)		

2000 mg CBD Oil

Supplement Facts		
Serving Size: 1 ml (0.03 fl. oz.)		
Servings Per Container: 30 Approx.		
	Amount Per Serving	%DV
Calories	5	
Total Fat	Less than 1 g	<1%*
Hemp Extract (Aerial parts) (88% CBD Distillate) (<0.3% THC)	66 mg	**
* Percent Daily Values "DV" established are based on a 2,000 calorie diet		
** Daily Values not established		
Other Ingredients: Medium Chain Triglyceride (MCT) carrier oil (CONTAINS COCONUT)		

## FAQ

### IS HEMP OIL LEGAL?

Yes. *CBD* derived from Hemp with less than .3% THC is now fully legal at the Federal level under the 2018 Farm Bill and is legal in most states. The legality of Cannabidiol from hemp is based on a 2018 Agricultural Act Reform.

### WILL CBD OIL GET ME HIGH?

No. THC is the psychoactive component in marijuana which makes you feel high and there are only very tiny trace amounts of THC in our Full Spectrum *CBD* products.

### HOW DOES CBD AFFECT HUMANS?

*CBD* interacts with the endocannabinoid system which is collection of cannabinoid receptors, endocannabinoids and enzymes in the human body. Endocannabinoids are naturally occurring cannabinoids found within our bodies.

### CAN I OVERDOSE ON CBD?

Cannabinoids have no known toxicity – but we suggest starting a *CBD* regime in small amounts and increasing the dosage, as needed, to reach desired effect.

### WHAT TIME OF DAY DO YOU TAKE CBD OIL?

Most of our regular customers who are feeling good tell us they take it in the morning and before bed. Additionally, they take it if they are suffering at any other time of day or night.

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